



Connections

Volume 47

July 2007

Official Newsletter for the Greater Saint Louis District of Cocaine Anonymous

World Convention May 24 – 28, 2007 Kansas City, MO

RECOVERY IN THE HEARTLAND

The 2007 World CA Convention was a huge success. Over 500 people gathered for learning, prayer, fellowship and fun at the Westin Hotel in Kansas City. The St. Louis area was well represented at the event.



Kansas City is known as "City of Fountains" and this one was located right outside the Westin Hotel.

"The CAWS 2007 Convention was a blast. I am privileged to have been a part of it all. Being the CAWS 2007 Secretary a world convention was a great experience. I admire everyone on the committee and all the hard work they put into this project. If it weren't for some of the 'old-timers' we couldn't have pulled it off. With the combination of their knowledge and experience and the hard work and dedication of the committee chairs, not to mention the volunteers who

got roped into work while they were there, we had one of the best conventions CA has had in a long time. The St. Louis and Kansas City committee members teamed up to make it all happen and it all fell into place with only a few mishaps. It was great getting to know all of you better and look forward to seeing you at the Area Picnic."

Michele P.

CAWS 2007 Secretary

This beautiful smile belongs to Alexandra "Alex" P. of **Germany**. Her graciousness and warm personality were a prime example of our Fellowship.

Vicky M. and Michael M. conduct a "Couples in Sobriety" workshop. They had suggestions from communications to romance.

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This Bill W. bobble head was just one of the items at the auction.



PICNIC and SWIM PARTY

SUNDAY AUGUST 12, 2007

ST. VINCENT STATE PARK

St. Charles Rock Rd.

Pagedale, MO

Hosted by the GMO Area Special Events Committee.
Ask your GSR for more information.

CA CONVENTIONS

“NO GRAM LIKE THE PROGRAM”

23rd Annual CALA Convention

Palm Springs, CA

August 23 to 26, 2007

For additional information visit

<http://calaconvention.org> or <http://ca4la.org>

“FOOTHILL DISTRICT CA”

2nd Annual Convention

Pasadena, CA

September 21 to 23, 2007

For additional information contact Chairperson

Jimmie A. at 626/394-2933 or Vice Chairperson

Jerome M. at burgndie@sbcglobal.net

CLOSER TO HOME.....

2007 MIDWEST REGIONAL CONVENTION

“CA MY FELLOWSHIP”

Itasca, IL

October 26 to 28, 2007

For further information, assistance or to volunteer
contact Kim S. Convention Chair 847/437-9757 or e-
mail miknawrehs@sbcglobal.net

YOUR CONTRIBUTIONS

Seventh Tradition

Every C.A. group ought to be fully self-supporting,
declining outside contributions.

District

MARCH

| | |
|---------------------------|-----------|
| Fried Pipers & Cocanuts | \$ 20.00 |
| Living Our Recovery Daily | \$ 8.50 |
| Men’s Meeting | \$ 12.00 |
| Message of Hope | \$ 9.71 |
| The Thursday Nite Meeting | \$ 100.00 |
| No Reservations Needed | \$ 3.85 |

MAY

| | |
|---------------------------|----------|
| Fried Pipers & Cocanuts | \$ 40.00 |
| Living Our Recovery Daily | \$ 5.00 |
| Men’s Meeting | \$ 32.50 |
| Message of Hope | \$ 5.51 |
| The Thursday Nite Meeting | \$109.72 |
| No Reservations Needed | \$ 10.46 |
| Spiritual Experience | \$ 20.00 |

Hospitals and Institutions

APRIL

| | |
|---------------------------|----------|
| End of the Line | \$ 14.00 |
| No Reservation Needed | \$ 5.00 |
| Thursday Nite Meeting | \$ 38.00 |
| Fried Pipers & Cocanuts | \$ 52.35 |
| Living Our Recovery Daily | \$ 7.00 |
| Use This | \$ 10.00 |
| Men’s Meeting | \$ 12.00 |

MAY

| | |
|---------------------------|----------|
| Men’s Meeting | \$ 32.50 |
| Fried Pipers & Cocanuts | \$ 69.86 |
| Living Our Recovery Daily | \$ 30.15 |
| Thursday Nite Meeting | \$ 30.54 |
| No Reservations Needed | \$ 23.00 |

JUNE

| | |
|---------------------------|----------|
| End of the Line | \$ 11.00 |
| Fried Pipers & Cocanuts | \$ 76.46 |
| Living Our Recovery Daily | \$ 22.35 |

H & I

HOSPITALS & INSTITUTIONS

WORKSHOP

SUNDAY JULY 8, 2007

New Horizon Church

206 Emerling

Ferguson, MO

Do you remember that feeling of despair, self-loathing and hopelessness when you entered the rooms of CA? Do you remember those people sitting around in the group and thinking "How did they do it"? They shared their hope, strength and experiences with you and SOMEHOW you made it through that rough spot!

Now it is your turn to give back what has been so freely given to you. Please don't think you have nothing to share. If the people who were there for you thought the same way, where would you be today?

On Sunday, July 8th at 2:00 p.m. the H & I Committee will be holding a workshop to help you understand a way of giving back. The objective of the committee is to carry the message to places where people aren't able to freely go on their own, such as jails and treatment centers.

We hope you will join us. It is part of our recovery program and this is what keeps us CLEAN AND SOBER!

Cocaine Anonymous

WEBSITE

Need information about Cocaine Anonymous of Greater St. Louis? Visit their website at www.camissouri.org. Meeting info – Events – District News – Literature - Committees

Need a meeting in between meetings. Visit www.ca-online.org . 24/7 unlimited seating

- there is a solution
- keep it simple ca
- the Study
- steps Online
- hope,faith&courage

Recovery in the Heartland

Continued

Home group members of the Fried Pipers & Cocanuts Sarah S., Mona B. (seated), Libby H. and Vicky M. enjoy the banquet.

"Diversity at its finest – all ages, shapes and colors – converging on a setting so beautiful and serene – with one objective – to celebrate LIFE! We know what death is like – all of us lived in our disease as zombies (remember the movie, 'Night of the Living Dead'?). Today, we revel in animation – greeting the day head on. Looking forward to meeting new friends from all corners of the world. Listening to heartfelt stories of hope, faith and courage. Laughing, crying, dancing and sharing meals. It's an electric few days of high-voltage charging to our souls – WITHOUT cocaine! We return home filled with love and wonder – somehow richer in spirit – and start saving our money for next year's International in Salt Lake City!

Vicky M.

Michele P. and Jamie H. take a break from all the activities to pose for the camera.

The banquet celebration seems to be a bit overwhelming to Earl S., but as usual Sarah S. is ALL smiles.



Congratulations to each of our members who celebrated their sobriety birthday in April, May and June. Each milestone is achievable One Day at a Time!

FRIED PIPERS AND COCANUTS

| | | |
|------------|----------|------------------|
| George D. | 05/07/86 | 21 YEARS |
| Grant W. | | 12 YEARS |
| Debra W. | | 8 YEARS |
| Chris A. | 4/10/05 | 2 YEARS |
| Jim L. | 10/09/05 | 18 MONTHS |
| Matt S. | | 1 YEAR |
| Danna B. | | 1 YEAR |
| Libby H. | 04/28/06 | 1 YEAR |
| Mark B. | 05/05/06 | 1 YEAR |
| Eric J. | 06/30/06 | 9 MONTHS |
| George M. | | 9 MONTHS |
| Erin K. | 08/18/06 | 9 MONTHS |
| Maegahn B. | 08/18/06 | 9 MONTHS |
| Dave B. | | 9 MONTHS |
| Jon C. | 10/11/06 | 6 MONTHS |
| Mike F. | | 6 MONTHS |
| Sarah D. | | 6 MONTHS |
| Kenny M. | | 6 MONTHS |
| Pat B. | | 90 DAYS |
| Christy W. | | 90 DAYS |
| John S. | | 90 DAYS |
| Tiffany H. | | 90 DAYS |
| Tom R. | | 60 DAYS |
| Tammy B. | | 30 DAYS |

REACHING OUT

| | | |
|----------|----------|----------------|
| Leonard | 06/29/00 | 7 YEARS |
| Robyn T. | 06/29/02 | 5 YEARS |

USE THIS

| | | |
|------------|----------|------------------|
| Dennis S. | 06/02/03 | 4 YEARS |
| Kelly O. | 05/01/05 | 2 YEARS |
| Shannon G. | 12/04/05 | 18 MONTHS |
| Jim L. | 10/09/05 | 18 MONTHS |
| Meghen D. | 12/07/05 | 18 MONTHS |
| Eric T. | 06/30/06 | 9 MONTHS |
| Jon C. | | 9 MONTHS |
| Chris F. | 01/14/07 | 90 DAYS |
| Jenifer W. | 03/09/07 | 90 DAYS |
| Heather C. | | 60 DAYS |
| Greg | | 60 DAYS |
| Heather P. | 04/11/07 | 60 DAYS |

HOPE, FAITH & COURAGE

| | | |
|------------|----------|------------------|
| Deborah J. | | 20 YEARS |
| Bobby G. | | 18 YEARS |
| Leonard B. | | 8 YEARS |
| Linda S. | 05/27/04 | 3 YEARS |
| Imon M. | | 2 YEARS |
| Chris J. | | 18 MONTHS |
| Kim B. | 04/16/07 | 30 DAYS |

NO RESERVATIONS NEEDED

| | | |
|-------------|----------|-----------------|
| Natalie L. | 04/19/04 | 3 YEARS |
| Rod S. | 12/06/06 | 6 MONTHS |
| Brian W. | 10/22/06 | 6 MONTHS |
| Melinda F. | 02/27/07 | 90 DAYS |
| Michelle D. | 03/01/07 | 90 DAYS |
| Sean R. | 04/29/07 | 60 DAYS |