

**SUNDAY**

5:30 PM *open/topic/speaker/steps/big book*  
**End Of The Line**  
Blessed Hope Bible Church  
825 Dunn Road, Saint Louis, MO 63138

7:00 PM *open/speaker*  
**Time For A Change**  
New Day Social Club  
4026 Forest, East Saint Louis, IL 62204  
(Hwy 64 east to Kingshighway, left to Forest,  
left a few blocks to club on left)

7:00 PM *open/mixed format*  
**Come & Get It**  
Saint Patrick's Church (in church offices building)  
405 South Church Street, Wentzville, MO 63385  
(from east—Hwy 70 to right on Hwy Z-Church Street)  
(from west—Hwy 70 to Wentzville Crossing, left to  
Pearce, right to North Linn, right, cross railroad tracks  
to left on Church Street)

**MONDAY**

6:45 PM *open/mixed format*  
**In The Light**  
Discovery Church (in the coffee shop)  
8134 Mexico Road (at Belleau Creek), St. Peters, MO 63376

7:00 PM **1<sup>st</sup> Monday of the Month ONLY**  
*H & I open/speaker*  
**Bridgeway Counseling Center**  
8675 Olive Boulevard (close to I-170), Saint Louis, MO 63132

8:00 PM *H & I open/male/speaker/topic*  
**Harbor Lights-Harbor House**  
3010 Washington Avenue, St. Louis, MO 63103

8:00 PM *H & I open/speaker*  
**Jefferson Barracks**  
Veterans Hospital  
Building 51  
South County, MO 63125  
(enter from Koch Road off I-270, bear left in parking  
complex & look for one story building #51 to left)

**TUESDAY**

1:00 PM *H & I open/speaker*  
**Saint Patrick's Center**  
800 North Tucker, St. Louis, MO 63106

8:00 PM *open/step-tradition study*  
**No Reservation Needed**  
212 Club (Basement)  
204 West Pitman, O'Fallon, MO 63366

**WEDNESDAY**

6:45 PM *open/book study/mixed format*  
**Fried Pipers & Cocanuts** (no children, please)  
First Unity Church (downstairs in the fellowship hall)  
4753 Butler Hill Road, South County, MO 63128  
(between Interstate 55 & Highway 21-Tesson Ferry)

10:30 PM *open/mixed format*  
**The Twilight Zone**  
212 Club (Basement)  
204 West Pitman, O'Fallon, MO 63366

**THURSDAY**

7:30 PM *open/speaker*  
**The Thursday Night Meeting**  
Saint Mary's Health Center (east cafeteria)  
6420 Clayton Road, Richmond Heights, MO 63117

**FRIDAY**

8:30 PM *open/speaker*  
**There Is A Solution** (smoking permitted)  
Coffee House  
2625 Abbott Place, Saint Louis, MO 63143  
(Corner of Abbott & Southwest off McCausland)

**SATURDAY**

6:00 PM *open/male*  
**Men's Meeting**  
Saint Mary's Health Center (Cafeteria Room C)  
6420 Clayton Road, Richmond Heights, MO 63117

**Springfield, Illinois Meetings\***

South 11<sup>th</sup> Street Coffee Club  
1122 11<sup>th</sup> Street, Springfield IL 62703

Tuesdays 7:00 PM  
Thursdays 7:00 PM  
Saturdays 9:00 AM & 6 PM  
Sundays 5:00 PM

*\*All Springfield meetings part of Illinois Area*

*H & I = Hospitals & Institutions (see reverse side)*

*Updated Third Quarter, 2010*

**Meetings listed are non-smoking except where noted.**

**In the spirit of Tradition Six—C.A. is not allied with any  
sect, denomination, politics, organization or institution.**

## ***The 12 Steps***

1. We admitted we were powerless over cocaine and all other mind altering substances--that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of *God as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with *God as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

*Adapted, with permission, from the Big Book of Alcoholics Anonymous*

The Greater Saint Louis District Central Service meeting is held the first Sunday of each month at 4:30 PM at *Christ Memorial Church*, 206 Emerling in Saint Louis, Missouri 63121.

If the first Sunday falls on a holiday weekend, this meeting is held the second Sunday. Check our website for confirmed meeting dates.

Directions—church is located just north of Highway 70, between Florissant & Hanley Roads—Use Florissant exit—Emerling is first side street on the left (across from fuel station).

The Hospitals & Institutions Committee takes meetings into facilities where addicts cannot get out to get to a meeting on their own. All H & I meetings listed in this directory may be attended just as if they were regular C.A. meetings. H & I volunteers meet at 3:00 PM the same day and location as the District Central Service meeting (see above).

**All C.A. members are welcome to attend these monthly business meetings.**

The Greater Saint Louis District of C.A. is part of the Greater Missouri Area of C.A., belonging to the Midwest Region.

***24 Hour  
HELPLINE  
314/361-3500***

***Website: [www.camissouri.org](http://www.camissouri.org)***

***We're Here & We're Free***

***Cocaine Anonymous  
of Greater Saint Louis***

***Where  
&  
When***



**OF GREATER ST. LOUIS**

***Directory of Meetings***

***Third Quarter, 2010***